



Hi! I'm Andy Apple!

Additional choices available throughout the week include jacket potatoes with a selection of fillings, crusty bread, and a selection of salads and fresh fruit.

WILSONJONES

Simply Fresh



MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

WEEK 1 Commencing

1st November
22nd November
13th December
17th January
7th February
7th March
28th March

Main
Vegetarian

Sides

Alternative

Dessert

Chicken & Sweetcorn Pizza with
Garlic Roasted New Potatoes

Cheese & Tomato Pizza with
Garlic Roasted New Potatoes

Broccoli
Baked Beans

Tomato & Mozzarella Pasta
with Garlic Bread

Banana & Sultana Flapjack

Beef Lasagne
with Garlic Bread

Spinach Lasagne
with Garlic Bread

Carrots
Sweetcorn

Baked Potato with Cheese,
Chopped Olives
and Fresh Tomatoes

Apple & Cinnamon
Oatmeal Cookie

Roast Chicken, Yorkshire
Pudding & Gravy

Aubergine, Tomato
& Mozzarella Bake

Homemade Roast Potatoes
Roasted Parsnips
Lemony Green Beans

Sweet & Sour Quorn
Noodle Stir Fry

Peach Crumble
with Caramel Sauce

Pork Sausages
& Gravy

Vegetarian Sausages
& Gravy

Creamy Mashed Potato
Green Beans
Carrots

Spinach & Feta Pie

Very Berry Jelly

Crispy Baked
Fish Fingers

Cheese & Onion Puff

Chips
Garden Peas
Baked Beans

Cauliflower & Broccoli
Cheese Bake

Chocolate Brownie
with Banana Slices

WEEK 2 Commencing

8th November
29th November
3rd January
24th January
21st February
14th March

Main
Vegetarian

Sides

Alternative

Dessert

Chicken Curry
with Plain Rice

Cauliflower & Potato Balti
with Rice

Carrots
Garden Peas

Macaroni Cheese
with Garden Peas

Rice Pudding
with Strawberry Jam

Beef Burger in a Bun

Veggie Burger in a Bun

Homemade Potato Wedges
Mini Corn Cob
BBQ Mixed Beans

Cheese & Onion Puff

Marble Cake & Custard

Roast Gammon, Sage & Onion
Stuffing with Gravy

Leek & Potato Pie

Homemade Roast Potatoes
Carrots
Roasted Cauliflower

Mixed Vegetable Stuffed
Peppers

Pear Tart with Chocolate Sauce

Mild Beef Chilli Con Carne
with Rice & Nachos

Mild Veggie Mince Chilli
with Rice & Nachos

Sweetcorn
Broccoli

Tomato & Mozzarella Pasta
with Garlic Bread

Banoffee Pie

Crispy Breaded Fish

Mediterranean Roasted Veggies
in a Tomato Sauce

Chips
Mushy Peas
Baked Beans

Tuna Melt Baguette

Chocolate Orange Shortbread

WEEK 3 Commencing

15th November
6th December
10th January
31st January
28th February
21st March

Main
Vegetarian

Sides

Alternative

Dessert

Creamy Chicken Pasta Bake

Roasted Vegetable Pasta Bake

Homemade Garlic Bread
Broccoli
Carrots

Sweet Chilli Noodles

Pancakes
with Raspberries & Cream

Hot BBQ Chicken Wrap

Veggie Meatball,
Tomato & Cheese Pitta

Scalloped Potatoes
Coleslaw
Garden Peas

Baked Potato with Sour Cream,
Salsa & Chives

Orange Drizzle Cake
with Custard

Roast Beef, Yorkshire Pudding
& Gravy

Quorn Fillet, Sage & Onion
Stuffing & Gravy

Homemade Roast Potatoes
Glazed Parsnips
Broccoli

Roasted Leek & Pepper Quiche

Banana Sponge
with Toffee Sauce

Beef Pasta Bolognese

Red Lentil & Vegetable
Cottage Pie

Roasted Cauliflower
Carrots

Baked Potato
with Baked Beans & Cheese

Carrot Cake

Crispy Baked
Fish Fingers

Vegetable Baked Fingers

Chips
Garden Peas
Baked Beans

Quornish Pasty

Pear Crumble
with Chocolate Ice Cream



If you have any questions or queries, please give us a call at 0208 090 1275
Alternatively you can email us at info@wjcatering.co.uk